Zeynep Su Altinoz, Ph.D.

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Education

2026 **Ph.D., Human Development and Family Science**
Auburn University, Alabama (United States)
GPA: 4.00/4.00
Presidential Fellow

2026 **Certificate in Advanced Research Methods for Human Sciences**
Auburn University, Alabama (United States)

2021 **M.S., Developmental Psychology**
Middle East Technical University, Ankara (Turkey)
GPA: 4.00/4.00

2018 **B.S., Psychology**
Middle East Technical University, Ankara (Turkey)
GPA: 3.80/4.00 (Dean's High Honor List, all semesters)

2017 **Erasmus Exchange Program, Psychology**
Tilburg University, Tilburg (Netherlands)

Professional Positions

2026 – Present **Postdoctoral Researcher, Human Development and Quantitative Methods Division, Graduate School of Education**
University of Pennsylvania, Philadelphia (United States)
PI: Justin Parent, Ph.D.

2023 – 2026 **Graduate Research Assistant, Department of Human Development and Family Science**
Auburn University, Alabama (United States)
PI: Mona El-Sheikh, Ph.D.

2021 – 2026 **Graduate Research Assistant, Department of Human Development and Family Science**
Auburn University, Alabama (United States)
PI: Stephen Erath, Ph.D.

2022 – 2023 **Graduate Teaching Assistant, Department of Human Development and Family Science**
Auburn University, Alabama (United States)

2023 **Graduate Instructor of Record, Department of Human Development and Family Science**
Auburn University, Alabama (United States)

2018 – 2020 **Graduate Research Assistant, Department of Psychology**
Middle East Technical University, Ankara (Turkey)
PI: Sibel Kazak-Berument, Ph.D.

Publications

Erath, S. A., Keller, P. S., **Altinoz, Z. S.**, Philbrook, L. E., El-Sheikh, M. (2026). Stress and sleep in adolescence: The interactive effects of skin conductance level reactivity and parental psychological control. *Developmental Psychobiology.* https://doi.org/10.1002/dev.70202

Thompson, M. J., **Altinoz, Z. S.**, Ehrhardt, A. D., Hinnant, J. B., Erath, S. A., Buckhalt, J. A., El-Sheikh, M. (2026). Sleeping through the ages: Developmental trajectories of actigraphy-derived sleep-wake patterns across adolescence and emerging adulthood. *Developmental Psychology.* https://doi.org/10.1037/dev0002170

Altinoz, Z. S., Erath, S. A., & Pettit, G. S. (2025). Parenting in the context of peer victimization: Adolescent behavioral moderators. *Journal of Early Adolescence.* https://doi.org/10.1177/02724316251412775

Thompson, M. J., Ehrhardt, A. D., Saini, E. K., Brigham, E. F., **Altinoz, Z. S.**, Yip, T. Buckhalt, J. A., El-Sheikh, M. (2025). Unpacking sleep and mental health disparities across childhood and adolescence: A meta-analytic and systematic review. *Sleep Medicine Reviews.* https://doi.org/10.1016/j.smrv.2025.102206

Altinoz, Z. S., Erath, S. A., Pettit, G. S., Laird, R. D., & Kaeppler, A. (2024). Variability in adolescent reception of parental support: Testing the domain-matching hypothesis. *Journal of Family Psychology, 38*(4), 654-662. https://doi.org/10.1037/fam0001225.

VanDenBerg, C. E., Erath, S. A., Pettit, G. S., **Altinoz, Z. S.**, & McWood, L. M. (2023). Parental sensitivity predicts parent-adolescent agreement about peer victimization. *Journal of Family Psychology, 37*(4), 554–560. https://doi.org/10.1037/fam0001066

Altinoz, Z. S., Erath, S. E., Hinnant, B., & El-Sheikh, M. (Under review). Moderators of the bidirectional spillover between marital conflict and coparenting quality in preadolescence. *Parenting: Science and Practice.*

Manuscripts in Preparation

Altinoz, Z. S., Erath, S. E. Pettit, G. S. Do You Want Advice or Comfort?: Detecting and Predicting Adolescent Reception of Parental Support

- Manuscript fully drafted. Revising for submission.

Altinoz, Z. S., Kazak Berument, S., Sahin-Acar, B., Doğan, A., & Tahiroglu, D. Parental and peer acceptance and rejection and cross-context interactions.

- Manuscript fully drafted. Revising for submission.

Altinoz, Z. S., Kaeppler, A. K., Erath, S. E. Pettit, G. S. Variability in associations between coping with peer stress and social well-being.

- Method and Results complete. Writing Introduction and Discussion.

Conference Presentations

Altinoz, Z. S., Erath, S. E., Hinnant, B., Somers, J. A., & El-Sheikh, M. (2026). *Moderators of the bidirectional spillover between marital conflict and coparenting quality in preadolescence*. [Poster presentation]. Auburn University Research Symposium, Auburn University, AL, United States

Altinoz, Z. S., Erath, S. A., & Pettit, G. S. (2025). *Distinguishing adolescents' experiences and behaviors: Parenting in the context of peer victimization*. [Poster presentation]. SRCD Biennial Meeting, Minneapolis, MN, United States

Altinoz, Z. S., Worthy, R. M., Kaeppler, A. K., Somers, J. A., Pettit, G. S., & Erath, S. A. (2025). *Detecting adolescent reception of parental support in the context of peer stress: A multi-method study.* [Poster presentation]. Auburn University Research Symposium, Auburn University, AL, United States

Altinoz, Z. S., & Erath, S. A. (2023). *Variability in associations between coping with peer stress and social well-being* [Paper presentation]. SRA Biennial Meeting, San Diego, CA, United States

Altinoz, Z. S., Erath, S. A., & Pettit, G. S. (2023). *Matched and mismatched parental support for young adolescents experiencing peer stress*. [Poster presentation]. SRCD Biennial Meeting, Salt Lake City, UT, United States.

Altinoz, Z. S., Erath, S. A., & Pettit, G. S. (2022). *Determinants of parental advice about peer victimization*. [Poster presentation]. College of Human Sciences Graduate Student Research Symposium, Auburn University, AL, United States.

Altinoz, Z. S., Erath, S. A., & Pettit, G. S. (2022). *Determinants of parental advice about peer victimization*. [Poster presentation]. SRA, Biennial Meeting, New Orleans, LA, United States.

Altinoz, Z. S., Kazak Berument, S., Sahin-Acar, B., Doğan, A., & Tahiroglu, D. (2021). *Parental and peer acceptance and rejection and cross-context interactions*. [Poster presentation]. SRCD, Biennial Meeting, Virtual Conference.

Memisoglu, A., Sumer, N., Iplikci, A. B., **Altinoz, Z. S.**, Kiyak, B. (2018). *Relationship between maternal sensitivity and attachment profiles*. [Poster presentation], 20th Turkish National Congress of Psychology, Ankara, Turkey

Awards & Fellowships

First Place University-Wide Graduate Student Poster in Human Sciences, Social Sciences, Creative Arts, and Humanities
Auburn University Research Symposium, 2025

Travel Fellowship
Graduate School, Auburn University, to attend SRA Biennial Meeting, 2023

Presidential Graduate Research Fellowship
Graduate School, Auburn University, 2021-2024

Teaching Experience

Lecturer
Development Of Interpersonal Relationships (Spring 2023)
HDFS 3080; undergraduate course at Auburn University

Guest Lecturer
Development Of Interpersonal Relationships (Spring 2022)
HDFS 3080; undergraduate course at Auburn University

Teaching Assistant

Development Of Interpersonal Relationships – Online Course (Spring 2023)
HDFS 3080 AO2; undergraduate course at Auburn University

Development Of Interpersonal Relationships (Spring 2022)
HDFS 3080; undergraduate course at Auburn University

Reviewer

Journals:
Parenting: Science and Practice

Conferences:
Society for Research on Adolescence Biennial Meeting

Statistical Skills and Software

Statistical modeling: linear and non-linear regression, factor analyses, mediation and moderation analyses, random intercept cross-lagged panel model, structural equation modeling, multilevel modeling, latent growth modeling, multigroup analyses

Statistical software: SPSS, M*plus*, AMOS, R (RStudio)

Professional Affiliations

Society for Research in Child Development
Society for Research on Adolescence
American Psychological Association's Division 7 (Developmental Psychology)
National Postdoctoral Association

Professional Development

2026	**SmartSkills: Supporting the Whole Postdoc**, National Postdoctoral Association *Instructor*: Thomas P. Kimbis
2026	**Distinguished Future Faculty** Auburn University
2025	**Latent Growth Curve Analysis Workshop: Basics, Advances, and Creative Uses**, Auburn University *Instructors*: Drs. Wendy Gordon, Ben Hinnant, Morgan Thompson, Alle Ehrhardt
2024	**Data Visualization in R Workshop,** Auburn University *Instructor*: Dr. Alexandra Ehrhardt
2024	**Principles of Responsible Conduct of Research and Scientific Integrity**, Auburn University *Instructors*: Dr. Carey Andrezejewski

2024	**The Graduate Fellows Responsible Conduct of Research Workshop**, Auburn University *Instructors*: Dr. Sheena Stewart and Darcy Corbitt Hall
2023	**Universal Design for Learning (UDL) and Small Teaching Changes that Support All Learners Workshop,** Auburn University *Instructor*: Dr. Stephanie Baumann
2023	**Creating an Inclusive Classroom Workshop**, Auburn University *Instructor*: Dr. Stephanie Baumann
2023	**Writing a Teaching Statement Workshop,** Auburn University *Instructor*: Dr. Stephanie Baumann
2023	**Converting a Conference Presentation to Scholarly Article Workshop**, Auburn University *Instructor*: Souji Gopalakrishna Pillai
2023	**Grantsmanship Session – Professional Development Series**, Auburn University *Instructor*: Dr. Jennifer Kerpelman
2022	**Best Practices for Research Excellence Workshop** Auburn University

Leadership & Service

Search Committee Member
Developmental Faculty Position (Fall 2024), Human Development and Family Science, Auburn University

Senator
Graduate Student Council (Spring/Fall 2024), Auburn University

Secretary
Human Development and Family Science Graduate School Organization, Auburn University (Spring/Fall 2023)

National Representative for Turkey
Erasmus States General Conference, Rome, Italy (2018)

Vice President
International Student Exchange Network, Middle East Technical University (Fall 2017, Spring 2018)

Member
Erasmus Student Network, Middle East Technical University (Fall 2015, Spring/Fall 2016, Spring/Fall 2017)

Professional References

Stephen Erath, Ph.D.
Professor, Associate Dean
Department of Human Development and Family Science
Auburn University
Email: sae0001@auburn.edu

Gregory Pettit, Ph.D.
Professor Emeritus
Department of Human Development and Family Science
Auburn University
Email: gpettit@auburn.edu

Mona El-Sheikh, Ph.D.
Leonard Peterson & Co., Inc., Professor
Department of Human Development and Family Science
Auburn University
Email: elshemm@auburn.edu